



AMHERSTBURG COMMUNITY SERVICES

July 2010 NEWSLETTER

Volume 1, Issue 7



OUR SERVICES

- **Meals on Wheels-**
Amherstburg, LaSalle, Harrow & McGregor
- **Care A Van-** Amherstburg & LaSalle
- **Security Reassurance**
- **Friendly Visits**
- Dress to Impress
- **Service Canada** – July 15 & 29
- Service Canada – **CPP/OAS Clinic**
July 22 (appointment needed)
- Job Bank Web Site
- **Legal Aid Lawyer** – July 29
- Keep the Heat
- Coats for kids
- **National Child Benefit Supplement**
- Credit Counselling Services
- **Family Service Windsor/Essex**
- **Glengarda Child & Family Services**
- Private Counselors Available
- **Sexual Assault Crisis Ctr**
- Teen Health Counselling
- **Teen Health Nurse**
- Windsor Regional Children's Ctr
- **Hiatus House Women's & Men's Groups (separate days)**
- Youth & Family Resource Network
- **Basic Computer Skills Classes** –
Ongoing Mondays and Fridays

The world is hugged by the faithful arms of volunteers.
~Terri Guillemets

HOW TO CONTACT US

ADDRESS: 601 Sandwich Street South
Amherstburg, ON N9V 3Z7
PHONE: 519-736-5471
FAX: 519-736-1391
EMAIL: acs@bellnet.ca

FIND US ON THE WEB AT:
www.amherstburg-cs.com
VISIT US ON FACEBOOK
'AMHERSTBURG COMMUNITY SERVICES'

Your generous donations keep our programs running!
Please make your cheque payable to
Amherstburg Community Services
Tax receipts issued for amounts over \$10.00

WE LOVE OUR VOLUNTEERS! **WE NEED YOU!**

We need volunteers for the following programs:

Friendly Visits	Security Reassurance
Computer	Meals on Wheels

Volunteering is an excellent way to meet new people, lift your spirits and do your part to help out in your own community! The time you devote is entirely around your schedule. We will provide you with the training, support and encouragement you need to be a successful volunteer.

Call Renata today to help make someone's day brighter at 519-736-5471.

AMHERSTBURG CARE-A-VAN SPECIAL TRIP



July 19, 2010– Come join us for a light lunch at Erie Shores Winery then on to Leamington County Fair Mall for shopping!

Call Laura today to book your spot on the Bus at 519-736-5471.

Our next trip to look forward to is: Raceway Slots in August!

FRIENDLY VISITS PROGRAM

Friendly visiting is a regular visit between two people, one a volunteer and the other a person who is known to need a “friend”. Friendly Visitor volunteers build relationships with participating seniors providing companionship, emotional support and practical assistance. Support is tailored to individual needs and can be wide ranging from sharing a meal to providing transportation for shopping trips. Regular visits stimulate physical and mental health and reassure seniors that they are a vital member of the community.

Call Renata today to become a client or to volunteer 519-736-5471

Funding is provided by Erie St Clair Local Health Integrated Network/Ministry of Health and Long-Term Care, Public and Private donations.