




# March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Foot Nurse	2 <b>Knights of Columbus Chili Cook-off</b>
3 Foot Nurse	4 Foot Nurse	5 <b>Service Canada</b> Foot Nurse	6 Free Computer Classes Hearing Life Free Hearing Tests	7	8 <b>Seniors Luncheon</b>	9
10 Foot Nurse <b>Income Tax Clinic</b>	11 Foot Nurse <b>Income Tax Clinic</b>	12 Foot Nurse <b>Wesview Social</b>	13 Free Computer Classes <b>Pickering Social</b>	14	15 <b>Income Tax Clinic</b>	16
17 	18 <b>Financial Fitness</b> Foot Nurse <b>Income Tax Clinic</b>	19 Foot Nurse	20 Free Computer Classes Hearing Life Free Hearing Tests	21	22 <b>Seniors Luncheon</b> <b>Income Tax Clinic</b>	23
24 Foot Nurse <b>Income Tax Clinic</b>	25 Foot Nurse <b>Income Tax Clinic</b>	26 Foot Nurse	27 Free Computer Classes	28 <b>Legal Aid</b>	29 <b>Income Tax Clinic</b>	30
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# EVENTS

## Computer Classes

Want to learn how to use your computer, phone or tablet? Our friendly volunteers can help. Call our office to book an appointment.

## Tax Clinics

Let us help you file your taxes. The service is completely free for those who qualify. Appointments are required, so call our office today to book your spot.

## Apartment Socials

ACS is coming to your apartment building and we're bringing games, presentations and more with us! Give us a call today to learn more or check the calendar to see when we'll be at your apartment.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				\$ 6.50/ meal payable once a month Lunch time delivery	1 HOMESTYLE CHILI	2
3	4 DELICIOUS CHICKEN DIVAN	5 SWEET & SOUR PORK MEDALLIONS	6 APPETIZING CHEESE BURGER	7 QUICHE LORRAINE	8 SWEDISH MEAT BALLS	9
10	11 CLASSIC CHICKEN POT PIE	12 BEEF STROGANOFF	13 BBQ ROAST PORK	14 CHICKEN CORDON BLEU	15 FISH ON A BUN	16
17	18 CABBAGE ROLLS	19 JUICY PORK CHOP	20 CHICKEN PARMESEAN	21 MUSHROOM SMOTHERED BEEF BURGER	22 ROASTED LEMON HERB CHICKEN BREAST	23
24	25 ITALIAN SAUSAGE & PEPPERS	26 BEEFY LASAGNA	27 CHEF'S SURPRISE!	28 CHICKEN A LA KING	29 TASTY TALAPIA	30

**NOTE: ALL MEALS INCLUDE A PROTEIN, STARCH, VEGETABLES, SOUP, BREAD & DESSERT**